



FOR IMMEDIATE RELEASE

April 9, 2016

Saint John Regional Hospital Foundation's MindCare New Brunswick announces major funding support of mental healthcare delivery in the province

Saint John, NB: On Saturday, April 9th, 2016, The Saint John Regional Hospital Foundation's MindCare New Brunswick granted a total of **\$411,133 in funding for mental health programming throughout the province of New Brunswick.**

Through the support of generous community donors, The Saint John Regional Hospital Foundation, under its MindCare banner, raises and distributes funds to numerous programs across New Brunswick that promote mental wellness and provide expert services to those living with mental illness.

"Each year, our MindCare Committee receives and reviews applications for funding from across New Brunswick, said Jean-Marc Poirier, member of the Saint John Regional Hospital Foundation's Board of Directors and Chair of the MindCare Committee. "We're thrilled to be able to distribute funds this year for healthcare professional development, transformational projects and therapeutic programs that will have a positive impact in our province."

"Today is the culmination of a year of fundraising for mental wellness," said Jeff McAloon, President and CEO of the Saint John Regional Hospital Foundation. "The funding distributed today was raised through a variety of initiatives including major private and corporate donations, our Investor's Group Skate to Care event and the Foundation's Hospital Home Lottery. It will be directed to the following areas:

- **Professional Development \$100,000**
- **Transformational Funding Project \$125,000**
- **Research Projects \$31,739**
- **Therapeutic and/or Treatment Programs \$154,394**

We are very grateful for the generous community support that made this possible."

Professional Development Recipient

Recipient Name	Program Description
Department of Psychiatry Saint John Region	Professional Development Initiatives

Therapeutic and/or Treatment Program Funding Recipients:

Recipient Name	Program Description
Horizon Health Addictions & Mental Health Services Ms. Nancy Morin, Occupational Therapist	Funding for the Recovery Art Studio where clients' works in various mediums will be displayed.
Alzheimer Café Mr. Ed Sullivan, Chair & Co-Founder	This program provides a safe place for people who are suffering from all forms of Dementia, their caregivers and loved ones.
Camp Kerry Ms. Pam Pastirik, RN, MSN, PNC, Camp Coordinator	Support for families who have recently lost a parent, child/sibling, typically in the previous 6 - 18 months. This may include parents, grandparents, children & teens up to 18)
Canadian Mental Health Association NB Saint John Dawn O'Dell Program Coordinator	Funding for programs such as: Depression Help Can Make a Difference; Understanding Anxiety & Panic Disorder; Hope & Healing...
Family Plus Claire Northcott, Business Program Manager	Paving the Way collaboration project. This program will create easier experiences for those suffering from mental health issues.
Gentle Path Saint John Ms. Judy Urquhart, MSW, Executive Director	Counseling for those who have been recently diagnosed with a terminal or incurable diagnosis and those supporting the individuals.
Key Industries Christine Evans, President & CEO	Culinary Therapy program for individuals with mental illness
L'Arche Saint John Inc. Jocelyn Worster, Community Leader/Executive Director	Creative Art Initiatives for persons with intellectual disabilities, local artists, assistants and volunteers

Recipient Name	Program Description
Lonewater Farm Ms. Nancy Hicks, Program Coordinator	Long-term addictions program for men who consistently struggle to maintain sobriety in the community.
Partners for Youth John Sharpe, CEO	Youth Leadership In Action for Mental Health; a group of students at each high school will be selected to form a leadership team, to design & implement a project or campaign related to youth mental health or distress.
Ridgewood Addictions Renee Fournier, Manager	Funds to renew the exercise program at Ridgewood Addiction Services;
SHARE – Activity Centre Saint John Elaine Hooper, Director	Since 1991, this program has provided support through social activities, friendship, community partnering & volunteer initiatives.
YM/YWCA Greater Saint John Cindy Floyd, Vice President of Philanthropy	Rainbows for Kids Program – An international program that fosters emotional healing among children, youth & adults grieving a loss from a life-altering crisis.
Department of Psychiatry Saint John Regional Hospital Sherry LeBlanc, Unit Manager	Funding to purchase 4 comfortable, washable chairs
Fresh Start Services for Women Diana Richardson, President	A program aimed to help women & families re-establish themselves after a disruptive event in their lives that leaves them homeless or at risk of homelessness.
Salvation Army Majors Dan & Lori Pinkson	Sweet Dreams Program provides physical, mental & emotional wellness, beginning with a good night's sleep.

Research recipients

Recipient Name	Program Description
Dr. Sarah Gander	PRENATAL FACTORS IN AUTISM SPECTRUM DISORDER Study group to further explore results of the 4 prenatal factors found to be statistically significantly associated with a diagnosis of autism.

Lisa Best, PhD, UNBSJ, Dept of Psychology	PREDICTING SUBJECTIVE WELL-BEING & POSITIVE MENTAL HEALTH Exploring the links between dispositional traits, situational influences and addictive behaviors.
--	---

Transformational Recipient

Dr. Bhalla & Jill LeBlanc-Farquharson	ADDICTIONS & MENTAL HEALTH SERVICES, Moncton COGNITIVE BEHAVIOURAL THERAPY This project will examine & study the potential benefits of providing time-limited mental health services using Cognitive Behavioral Therapy to patients experiencing mild to moderate symptoms of depression in a primary care setting rather than referring them to a mental health center.
--	--

MindCare New Brunswick is a committee of the Board of Directors of the Saint John Regional Hospital Foundation and is a major funder of mental health research, education and therapeutic programming across New Brunswick.

The **Saint John Regional Hospital Foundation** raises funds to support excellence and innovation in the areas of equipment, mental health, research, education, and patient comfort at the Saint John Regional Hospital, the largest healthcare centre in the province – providing world-class care for all New Brunswickers.

For more information about the Saint John Regional Hospital Foundation and MindCare New Brunswick, please visit www.sjrhf.ca/mental-wellness

- 30 -

Contact:

Christine Gilliland, Manager of Communications
 Saint John Regional Hospital Foundation
christine.gilliland@HorizonNB.ca | (506) 648-6410